

## TRANSITIONS: Adolescence into Adulthood

### Working with 18 to 25 year olds



#### A modular CPD clinical training course

For counsellors, psychotherapists, psychologists, and analysts registered with BACP, UKCP, BPS, or BPC. With limited therapeutic services available to this transitional age group in the UK, there is increasing pressure and demand on therapists in private practice and charities to treat patients within this group. This course has been developed to further the therapist's skill and support when working with this challenging developmental stage.

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#### Course Aim

This course supports a learning and experiential space for the therapist to discover what it will mean to allow the patient's core anxieties—conscious and unconscious—to emerge in the service of development. This course gives close attention to transference and counter-transference manifestations and to the central significance of observation. A vital training objective is to support therapists in approaching the intricate defences and concerns of this age group. Working with adolescents in transition to adulthood can all too easily be marked with disconnectedness from the fears of madness, attachment, separation, dependency, somatisation, sexuality, and identity.

The training and facilitation ethos of this course focuses on the therapeutic implications of this age group being disconnected. The course will foster therapeutic approaches that connect adolescent patients with what it means to become their adult selves.

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#### To apply

Application forms and further information from: Urvi Bhatt, Education Manager, tel: 020 7419 8898  
email: [training@thesap.org.uk](mailto:training@thesap.org.uk) or on our website at <http://www.thesap.org.uk/training/post-qual-programmes/transitions>

**Application deadline for Module 1/whole course is 6<sup>th</sup> September 2020.**

**Module 2 and/or Module 3 is 15<sup>th</sup> November 2020.**

**Module 3 is 14<sup>th</sup> February 2021.**

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## General course information

**Structure:** The course is divided into 3 modules of 3 monthly Saturdays each.

Module 1: October – December

Module 2: January - March

Module 3: April – June

Each module can be considered a stand-alone continuous professional development course in itself and participants can choose to attend as many or as few modules as they wish to.

It is recommended, though, that participants sign up for all three modules since each module builds upon the discussions of the previous module/s.

**Venue:** The Society of Analytical Psychology, 1 Daleham Gardens, London, NW3 5BY

**Convenors:** Dr Francesco Bisagni

**Course Fee:** £1350/- for the whole course

Participants can choose to pay in termly instalments or attend only 1 or 2 modules. In that case, fees for the course will be £495/- module and can be paid according to the schedule below.

	<b>Fee if paying per module</b>	<b>Deadline for paying fees</b>
<b>Module 1</b>	£495	At time of application
<b>Module 2</b>	£495	On or before 15 Nov 2020
<b>Module 3</b>	£495	On or before 14 Feb 2021

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## Programme

### Module 1 – Assessment and Clinical Implications for this age group

10 October 2020	Francesco Bisagni	Transition
7 November 2020	Guest Speaker: Marica Rytovaara	Risk assessment and risk management
12 December 2020	Guest Speaker: Anne Alvarez	The re-emergence of early trauma in adolescence

### Module 2 – Pathology: Sexuality, Eating habits and Cyberspace

16 January 2021	Guest Speaker: Marina Bonfatto	Sexuality and Identity
13 February 2021	Guest Speaker: Elizabeth Anscombe	No entry defences, eating disorders and body dysphormia
13 March 2021	Guest Speaker: Andrea Marzi	Identity and cyberspace

### Module 3 – Specialised Clinical Approaches

10 April 2021	Guest Speaker: Eduardo Pitchon	Psychotherapy and Hallucinogens
8 May 2021	Guest Speaker: Martin Schmidt	The paternal function: its role in the transition from adolescence to adult life
12 June 2021	Guest Speaker: Eduardo Pitchon	Being between in pretend and in reality

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## About the Seminar Leaders

**Anne Alvarez** is a child psychotherapist who has worked for many years with autistic and psychotic children. She has published extensively on the Journal of Child Psychotherapy and the International Journal of Psychoanalysis. She has also published two books: *The Thinking Heart: Three Levels of Psychoanalytic Work in Psychotherapy with Children and Adolescents* (2012) Routledge, and *Live Company: Psychoanalytic Psychotherapy with Autistic, Borderline, Deprived and Abused Children* (1998) Routledge

**Elizabeth Anscombe** is a Child and Adolescent Child Psychoanalytic Psychotherapist trained at the Tavistock Clinic and qualified in 2009, she is a highly specialist Child Psychotherapist for Eating Disorders at The Royal Free Hospital, where she undertakes assessments, treats patients and has set up groups for adolescents who are being treated for an Eating Disorder. Elizabeth along with Alessandra Cavalli has set up, designed and is one of the course organiser for CPD 50-at The Tavistock Clinic, for 'Psychodynamic Approaches To Eating Disorders', which has been successfully running for the last five years. Elizabeth previously worked as an Art Psychotherapist, having trained at Goldsmiths College, she likes to incorporate her art therapy skills in the psychodynamic work when treating the young people and when Elizabeth teaches and gives presentations she likes to use visual imagery to illustrate psychoanalytic concepts.

**Marina Bonfatto** is a Highly Specialist Child and Adolescent Psychotherapist . She works at GIDS, Gender Identity Development Service, at the Tavistock Clinic where she also teaches and supervises trainees on a number of clinical courses.

**Andrea Marzi** (MD, PhD) is a psychoanalyst, Full member of the IPA-SPI, Active Member APsAA. He works in private practice. Former Prof. of Developmental Psychology at the University of Siena. He is in the Editorial Board of the Italian Rivista di Psicoanalisi. His book *Psychoanalysis, Identity and the Internet* has been published by Karnac in 2016. His recent article *Light and shadow in online analysis* (with Giuseppe Fiorentini) is published in *Psychoanalysis online* vol.3 (ed. by Jill Savege Scharff, Karnac, 2017).

**Eduardo Pitchon** is an Adult & Child psychotherapist and Social Psychologist. He has worked in various clinical settings in the UK and internationally. He also teaches in the UK and internationally. He has a particular interest in education and working with closed communities

**Marica Rytovaara** is a training analyst for the SAP and the Association of Child Psychotherapists (ACP). She is a full-time Consultant in Adolescent Psychotherapy in an adolescent inpatient unit (NHS) in London. Marica has written several articles about adolescence and teaches widely. She received the Michael Fordham Prize 2010 for 'The transcendent function in adolescence: miracle cures and bogeymen'.

**Martin Schmidt** MBPsS, is a Jungian Training Analyst of the SAP, psychologist and lecturer. He is in private practice in London and teaches widely both in the UK and abroad. His paper 'Psychic Skin: psychotic defences, borderline process and delusions' (Feb 2012, Vol 57, no 1) won the Fordham prize for best clinical paper in the JAP in 2012 and was nominated for the Gradiva award by the National Association for the Advancement of Psychoanalysis, New York in 2013. For over seven years, he has been a visiting supervisor/lecturer on the International Association of Analytical Psychology (IAAP) Russian Revival Programme for the first trainee Jungian analysts in Moscow and St Petersburg. He is currently IAAP Honorary Secretary and Regional Organiser for Central Europe.

Note: This is the planned programme and speaker line-up for the year. It may change due to unforeseen circumstances.

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## About the Course Convenor

**Dr Francesco Bisagni** is a training analyst of the SAP, a Tavistock trained child and adolescent psychoanalytic psychotherapist, and a psychoanalyst of the National Association for the Advancement of Psychoanalysis in the US. He is the Chair and Training Analyst of the Centre for the Studies in Contemporary Psychoanalyses in Milan, where he lives and works in private practise with adults, adolescents and children.

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## What past Transitions Course participants have said...

*Stimulating programme that evoked new thoughts and wonderings about current work and personal experiences. I found the facilitators rigorous in their thinking.*

*The supervision of the case material in the afternoon is invaluable. And the speaker's honest and thought provoking presentation was illuminating. Thank you.*

*Presentation was rich in content and accessible in style of delivery. Later discussion of case material was open, and creative thinking encouraged.*

*Stimulating and interesting talks. Afternoon supervision personally very helpful, ..... (with the very small group) tended to be more like individual supervision.*