

IAAP NEWS SHEET



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EDITORIAL

Dear Colleagues,



This extraordinary and strange year is coming to an end, not only for the IAAP but for all humanity. The momentum of COVID-19 infections continues to grow all over the world, and not a day goes by that we do not think about it.

The spread of this infection has allowed us to reflect on our analytical work itself, which we had taken for granted, or considered to be permanent, until then. In some countries and regions, online analysis and psychotherapy were never positively received and even avoided, but in the current situation, our clinical practice would not be possible without it.

Reacting quickly to this situation, at the Officers' meeting it was decided that the screening interviews and intermediate examinations in the router training could be done entirely online as a measure under the COVID-19 epidemic.

Also, to examine the impact of such changes, two surveys regarding online work were conducted, that is, "Survey on online analysis and supervision" and "Survey on online interviews and exams." The results were presented in the News Bulletin No. 4 in August, which shows well how we currently view our work online.

Following the previous News Sheet, one of the major events within our association was the closing of proposal submissions for the Buenos Aires Congress last month. As Pilar Amezaga, Chair of the Program Committee, reports in this issue, we had 294 proposals. We had been concerned that the impact of the COVID-19 outbreak would result in fewer proposals, which proved unfounded. In the report, she also explains how the proposals are graded and the process by which they are selected.

Following the introduction of associations in Latin America in the previous issue, in this News Sheet we planned to introduce the Group Members and Developing Groups in Asia and the Chinese region. We currently have 4 societies and 8 Developing Groups in this region.

The history of Analytical psychology in Asia is quite new, dating roughly since 1960's, but it is currently going through so much momentum in Asia, as an emerging region, like in Latin America. Compared to Western countries, as a region where the old layers of the human mind still breathe, Asia and Latin America may have a greater cultural and spiritual affinity with analytical psychology, which emphasizes the image or soul in its theory and practice.

This issue also includes an interview by Misser Berg with Laner Cassar, Jungian Analyst from Malta. Malta as a Developing Group has its own unfolding process in Europe and this interview offers the readers an idea of its development.

We conclude this issue with reports on two online conferences that were held in October and November with the IAAP support. This pandemic has deprived us of the opportunity to gather together onsite, but at the same time it has opened up the possibility of such online gatherings. Nevertheless, the impact of the pandemic continues to feel like a nightmare that we want to wake up from as soon as possible.

On behalf of the IAAP Officers, I wish you all good health and a good holiday season in these difficult times.

Warm regards,

Yasuhiro Tanaka

Editor of the December 2020 News Sheet

XXII INTERNATIONAL CONGRESS FOR ANALYTICAL PSYCHOLOGY, BUENOS AIRES

From Chair of Program Committee



IAAP

Buenos Aires 2022

XXII International Congress
for Analytical Psychology

ANALYTICAL PSYCHOLOGY OPENING TO THE CHANGING WORLD

Contemporary perspectives on Clinical, Scientific, Social, Cultural and Environmental Issues

CONGRESS NEWS

This has been an extremely difficult year in many ways for many of us. When the call for papers was launched in April the world was paralyzed and convulsed. Despite the fact that the pandemic has not ceased, and we continue to go through extremely difficult times, the response we have had from members of our community shows us that it is possible to move forward and not stay paralyzed.

The interest in opening ourselves to the changing world and reflecting on our reality is still alive among us as is the possibility of continuing to keep creating the future beyond the uncertainty and vulnerability in which we find ourselves immersed today.

I want to thank all those of you who have sent proposals for the Congress and who are making possible an event that allows us to project ourselves together towards August 2022 in Buenos Aires, Argentina.

We have received a total of 294 abstracts:
223 are proposals for oral presentations - 26 for joint presentations - 14 for posters - 12 for pre congress activities - 19 for other.

At this point, the members of the Program Committee:

Birgit Jänchen (DGAP)
Selma Mantovani (SBrPA)
Carmela Mento (CIPA)
Robert Tyminski (CGJISF)
Toshio Kawai (AJAJ) | President
Misser Berg (DSAP) | President Elect
Yasuhiro Tanaka (AJAJ) | Honorary Secretary
Emilija Kiehl (BJAA) | Vice President
Pilar Amezaga (SUAPA) | Vice President, Chair

begin the arduous and interesting task of reviewing and ranking all the proposals that have been submitted.

After reading each abstract, each Committee member will assign a score according to the following evaluation criteria:

ORIGINALITY	(1. poor, 2. fair, 3. good, 4. very good, 5. excellent)
CLARITY	(1. poor, 2. fair, 3. good, 4. very good, 5. excellent)
RELEVANCE	(1. poor, 2. fair, 3. good, 4. very good, 5. excellent)

The relevant online platform will give a final score to each abstract. This will facilitate and give more transparency to our work.

It is highly probable that most of the members of the Program Committee will not be able to travel to Zurich next January for the annual EC meeting but thanks to Zoom we will manage to work together and figure out an interesting program for the Congress that I hope will encourage you to travel to Buenos Aires in 2022 and enjoy the Congress and the city. It will be an excellent opportunity for all of us to get together and open to the world after what will probably have been almost two years of confinement.

In the next New Sheet I will give you more information about the advances in the program to keep alive your interest in the IAAP's most relevant event.

Please take care of yourselves and your loved ones and receive my Season's Greetings and best wishes for the forthcoming New Year.

Pilar Amezaga
Chair of the Program Committee

ANALYTICAL PSYCHOLOGY IN ASIA

From Group Members

KOREAN ASSOCIATION OF JUNGIAN ANALYSTS – KAJA

1. THE ORIGINS

Tell us about the origins of your Group

The Korean Association of Jungian Analysts (KAJA, the first President: Prof. Bou-Yong Rhi) was founded on October 1, 2003 aiming at close communication with IAAP, promoting social relationships with Korean analysts, protecting the rights of members.

KAJA became a group member at the Delegates' meeting of IAAP in 2004. And in 2007 KAJA became a group member granted training status. Official training of KAJA has been conducted at the C.G. Jung Institute of Korea founded on October 1, 1997.

KAJA originated from a small study group, which Bou-Yong Rhi created in 1978. At that time, only two Jungian analysts existed in Korea. The study group contributed to the formation of the Korean Society for Analytical Psychology, which began its training program in 1986. From 1998, Korean Jung Institute took over the training program and began to produce Jungian analysts. In November 2002 the joint meeting was held between C.G. Jung Institute of Korea and the Korean Society for Analytical Psychology and there they raised an issue of making Korean analyst group and C.G. Jung Institute of Korea an IAAP certified organization. In 2003 when the President of IAAP, Murray Stein, visited Korea to give a lecture and perform case supervision, Jungian analysts in Korea asked the process of joining IAAP as a group member.

At that time, KAJA drafted the necessary documents, such as Articles of Association and Code of Ethics, by forming a sub-committee with the aim of becoming an association approved by IAAP in 2004. Thanks to the advice and help of the IAAP, the current Articles of Association and regulations were finalized and KAJA was founded on October 1, 2003.

What were the factors that helped your development as a group?

A small study group with only two analysts, Bou-Yong Rhi and Zuk-Nae Lee, played an important role in forming KAJA. In the process of obtaining IAAP group membership, Dr. Murray Stein provided advice and information on the certification process. The interest and help of the IAAP Group Membership Subcommittee and Ethics-Committee made it possible to establish the Articles of Association and regulations of KAJA. In 2006, Joe Cambray, Vice President of the IAAP, visited Korea together with Murray Stein, Ex-President of the IAAP, to give a lecture and case supervision.

What were the difficulties your group had to face?

As the number of analysts was small in the early stages, it was difficult to conduct the training and education for analysts. Between 2004, when the first analysts completed the training program in Korea and 2007, when KAJA was finally certified as a training Group Member of IAAP, those who had completed the training program in the meantime could only become Individual Members of IAAP and the process was very complicated. Before the number of analysts increased further, a small group of analysts dedicated much of their time and effort to stabilize the association.



2. THE PRESENT

How many members does your group have today?

KAJA has 35 members, 33 of them are voting members of KAJA and the other two are voting with other groups. There are no resigned members.



Workshop for the Education at the Institute

What are the strong points of your group that have contributed to its development?

The important point is that after the increase in the number of members, our members became involved in academic research and presentations at domestic and overseas academic conferences, promoting Jungian Psychology in various fields. Analysts with various academic and professional backgrounds such as religion, medicine and philosophy, have actively conducted analysis and academic activities in their own areas, thus contributing to making

Jungian Psychology widely known in Korea. In addition, the continued participation of analysts who received training not only in Korea but also in other countries such as the US and Switzerland, have helped expand the diversity of our association.

3. THE FUTURE

What are the challenges and difficulties for your group in the near future?

The analytic training, which takes a long time, expenses and effort, is being increasingly challenged by simpler and inexpensive problem-solving treatments. The cases where non-professionals, who have not been properly trained to become Jungian Analyst, talk about analytical psychology and advertise that they are doing psychotherapy through books, personal broadcasting and media, are on the increase.

Would you like to highlight something special about Analytical Psychology in your country, or region?

Analytical Psychology seems to have been getting more attention in Korea recently. The number of applicants for analytic training is increasing and more members are actively involved. In particular, BTS, a popular Korean boy group, has released albums with Jungian psychological content and since then many Koreans have shown interest in Jungian psychology, are looking for relevant books etc. KAJA holds a Post Diploma Course every year. At our regular meetings four times a year, we allocate the time for regular discussions of analytic cases, presentations on papers with interesting topics and academic presentations.

Moon Sung Rhee
President of KAJA

ASSOCIATION OF JUNGIAN ANALYSTS, JAPAN – AJAJ

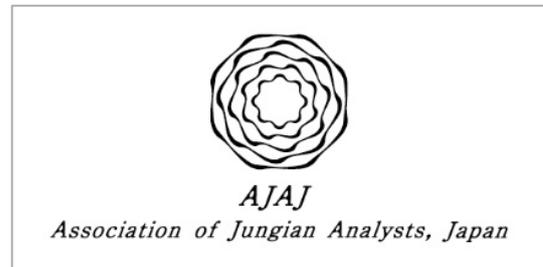
1. THE ORIGINS

Tell us about the origins of your Group

The history of the development of Jung's analytical psychology in Japan started when Prof. Hayao Kawai came back from Switzerland in 1965 after his training years at the C.G. Jung Institute-Zurich, as the first Jungian analyst in Japan. Upon his return to Japan, he put his energy into writing numerous books — not only about Jungian psychology itself but also about cultural themes based on Jungian psychology. He offered new theories on the Japanese psyche, and his ideas were very influential and widely accepted by those in academic circles across Japan. Naturally as a professor, he taught Jung's analytical psychology at the Kyoto University, but he also made strong efforts to put Jung's theories into clinical practice and trained many clinical psychologists and psychotherapists.

Another important figure who contributed to the dawn of Jungian psychology in Japan was Prof. Kazuhiko Higuchi. He was a pastor who studied at the C.G. Jung Institute-Zurich at the same time as Prof. Kawai and they were good friends. After some time, one by one, Prof. Kawai's disciples went to Switzerland to receive the training to become Jungian analysts, following in the steps of their mentor. When they returned to Japan as Jungian analysts, they composed a small Jungian circle around Prof. Kawai and had regular meetings to discuss clinical case materials.

When the number of Japanese Jungian analysts reached twenty, the *Association of Jungian Analysts, Japan* (AJAJ) was finally founded in Kyoto, Japan, and then ratified as a Constituent Society of the International Association for Analytical Psychology (IAAP) in August 2001 in



Cambridge, England. The leading figure behind these developments was always Prof. Hayao Kawai, but as he was extremely busy, Prof. Higuchi became the first president of the society.

In April of the following year, the training institute of AJAJ, the *Japan Institute of Jungian Psychology*, started its own training programs with the goals to disseminate Jungian psychology and to train Jungian analysts by providing seminars, group supervision, and symposiums in Kyoto as well as in Tokyo.

The institute has three statuses of students including candidates, matriculated auditors and registered members. These various types of programs have been established in order to train Jungian analysts as well as offer high-standard educational programs for psychotherapists.

What were the factors that helped your development as a group?

First of all, thanks to the eloquent books written by Prof. Hayao Kawai, many Japanese people have become interested in the psychology of C.G. Jung and are keen to learn about it. It seems that Japanese people feel a certain affinity with Jungian psychology, in comparison with Freudian theories. Moreover, Prof. Kawai actively exchanged his ideas with many scholars in various fields as well as many professional people, such as novelists, artists, critics and so on. This helped to spread Jungian ideas among academic circles as well as others throughout Japan.

Secondly, in Japan, the leading professionals in Jungian psychology have academic backgrounds similar to Prof. Hayao Kawai's. This fact has probably made it easier for Jungian psychology to be socially accepted. Even now many Japanese Jungian analysts have academic positions at universities throughout Japan.

Thirdly, we have tried to maintain the global standard. Even in the early years, Prof. Kawai and Prof. Higuchi invited many Jungian analysts from abroad to give lectures to Japanese audiences. Moreover, this tradition still continues now. Nowadays, thanks to a large global network that Prof. Toshio Kawai has further developed, we regularly invite guest speakers from various countries for our training program.

When we first started our training program, we asked candidates to stay for at least one year in Switzerland, attending the training course at ISAP in Zurich and pass the propaedeuticum there before starting the latter half of the program in Japan as a diploma candidate. This collaboration with ISAP is paramount as we believe that such an experience in Switzerland will help each candidate grasp the cultural background of Jungian thought.

What were the difficulties your group had to face?

We have to admit that our society is not a monolithic unity. Some members are unable to commit fully to the activities of our society. As I said above, many Jungian analysts have academic careers conducting research and teaching in university settings. They have participated in our training program giving seminars and lectures. On the other hand, the members who give their clinical practice first priority have tended to take their distance from our activity. We are still seeking a way of reconciliation between these two groups of professionals within our society.

2. THE PRESENT

How many members does your group have today?

Now our society has 47 Jungian analysts (43 voting members and 4 associate members), and among them we have 32 senior analysts.

As for the training in the *Japan Institute of Jungian Psychology*, there are 19 diploma candidates and 3 training candidates. There are also 100 matriculated auditors and 301 registered members.

What are the strong points of your group that have contributed to its development?

The actual president of IAAP is Prof. Toshio Kawai. He is the son of Prof. Hayao Kawai, and he has not only inherited his father's intention but has also built a strong bond with the mainstay of the analytical psychology of C.G. Jung. Thanks to his efforts, we were honored to host the IAAP Congress in Kyoto from August 28 to September 2, in 2016. This was the first IAAP Congress to be held in Asia and it was very successful with 754 participants from 45 countries.

Has your organization had significant positive changes in training that have been of help for the development of analytical psychology, that you wish to share with our international community?

In April 2012, the *Japan Association of Jungian Psychology* (JAJP) was founded as a filial body, by not only Jungian analysts but also by many academicians who are interested in Jungian psychology and Jungian psychotherapy. This association grants a certification of Jungian oriented psychotherapists, and since this qualification is evaluated as a highly qualified specialization in Jungian psychology, we equate it with the propaedeuticum in our training program. Therefore, if a person who has this certification wants to be a diploma candidate in

AJAJ, they can pursue the latter half of our program without going abroad. This in and of itself opens the door widely to people who want to become Jungian analysts in Japan. Presently, we have already welcomed three new Jungian analysts who have successfully trained in this course.



3. THE FUTURE

What are the challenges and difficulties for your group in near future?

The first generation of Jungian analysts at AJAJ have been very much influenced by Prof. Hayao Kawai and have tended to keep his legacy. However, the number of those who do not know Prof. Hayao Kawai in the “new generation” of Jungian analysts in Japan is increasing. Therefore, we should consider what AJAJ as a group should do by considering the past leaders and their legacy while moving forward towards a new future. Of course, we respect the individuality of our members, but at the same time we are searching for new ways to enhance inclusivity as well as commitment, cooperation and participation among all our members.

This year, because of the COVID-19 pandemic, we have been restricted in convening seminars and this has resulted in the necessity to rely on ZOOM or other forms of remote communication. How to adopt digital technology in our training has become a pressing matter.

Would you like to highlight something special about Analytical Psychology in your country, or region?



We began to publish the *Japanese Journal of Jungian Psychology* in 2009. The first volume is the memorial issue for Prof. Hayao Kawai, who passed away in 2007. This journal, which was published annually, is in one sense a legacy of Prof. Kawai. After the foundation of JAJP (the *Japan Association of Jungian Psychology*) in 2012, however, this journal was transferred to and absorbed by the JAJP. The JAJP now publishes the journal, and many Jungian

analysts continue to make important contributions to it. This journal is interdisciplinary in nature and gives a wide range of perspectives in Jung’s analytical psychology. We hope this

journal can be a platform where we can exchange ideas with our colleagues around the world in the future.

Sonoko Toyoda
President of AJAJ

TAIWAN SOCIETY OF ANALYTICAL PSYCHOLOGY - TSAP

1. THE ORIGINS

Tell us about the origins of your Group

In the 1980s, as the economic growth gradually slowed down in Taiwan, the activities related to body, mind, and spirituality became more prosperous. There were some Chinese translations of Jung's works since 1965, however the related workshops and clinical activities had not been present only until in 1985.

In 2007, Thomas Kirsch and Jean Kirsch came to Taiwan to give a workshop with the invitation of Jenny Chen and Steve Chang, two of the founders of Trend Micro. Thomas was impressed then and meanwhile suggested the professionals they met to apply to IAAP to be a Developing Group. Under such encouragement, a group of people who had been involved in Jungian psychology, began to meet monthly. Hence, this small group decided to follow the suggestion from Thomas Kirsch to apply to become a Developing Group of IAAP. On 16th April 2009, IAAP made a site visit to the Taiwan Institute of Psychotherapy (TIP) and in February 2010, the Taiwan Developing Group was officially recognised. Thomas B. Kirsch is our first Liaison person, from 2010 to 2016. He was succeeded by Chie Lee as second Liaison person from 2016 till now. During that period, Jean Kirsch was our first visiting analyst, followed by Liza J. Ravitz. Marta Tibaldi, who is also the Liaison person of the Hong Kong Developing Group, was also our visiting analyst till 2017 during her term.

From 17th to 20th October 2013, the International Jung Conference: “Jung Across Cultural Borders” took place in Taiwan. There were many Jungian analysts and therapists overseas such as Paul Brutsche, Angela Connolly, John Hill, Toshio Kawai, Jean Kirsch, Thomas Kirsch, Chie Lee, Shirley Ma, Lucienne Marguerat, Dariane Pictet, Liza Ravitz, Christa Robinson, Murray Stein, Marta Tibaldi, Lan Guo, Bou-Yong Rhi, Heyong Shen, Yasuhiro Tanaka, Boseop Lee, and Bettina Wilhelm. They presented and had dialogues with the Taiwanese representatives,



Picture 1. The organizer gifted Jean Kirsch and Thomas Kirsch with a calligraphy work written at the scene, "Good Dreams", by the calligraphy master Yu Kuo-ching as a commemoration of the conference. From the left: Jenny Chen, Jean Kirsch, Guy-Ching You, Thomas Kirsch and Hao-Wei Wang

such as the psychotherapists Pei Yang, Claire Teng, Hao-Wei Wang, Sara Lu, the Sinologists Fabian Heubel and Rur-Bin Yang, the anthropologist Panay Mulu and Terry Hu, the Artist Yuki Pan, the Chinese Philosopher Kuei-San Lai and Shen-Chon Lai, the Theologist Fong-Mao Lee, and Chin-Ming Hsiao, and also the first Jungian analyst from Taiwan, Ann Li. The conference received a very enthusiastic response.

Meanwhile in 1999, International Sandplay Therapist, Grace Hong came back to Taiwan and began to promote Sandplay Therapy. In 2002, the Taiwanese Society for Sandplay Therapy (TSST) was established, and became a group member of ISST in 2013. Some of the colleagues from TSST are also interested in analytical psychology and have joined the Taiwan D.G. once it was established.

In August 2019, the Taiwan Society of Analytical Psychology (TSAP) was formally affiliated with the International Association for Analytical Psychology (IAAP).



Picture 2. 2013 International Jungian Conference , from the left : Liza Ravitz, Murray Stein, Angela Connolly, Jean Kirsch, Chie Lee.



Picture 3. Taiwan D.G. members and Chie Lee at the 2019 Vienna Congress

What were the factors that helped your development as a group?

Psychotherapy was developed very late in Taiwan. After the Second World War, with the assistance of the World Health Organization, psychotherapy related training had been introduced to Taiwan. Since then, there have been many recognized professional trainings and national certifications, including psychiatry, clinical social work, counseling psychology, clinical psychology, etc. After the 1980s in Taiwan, religious, physical, and spiritual activities became more and more prosperous and became a part of life for ordinary people. And, as mutual trust has been better and better in Taiwan Society, the professional and cross-disciplinary collaboration became easier. In such situation, the resources that IAAP provides became a

catalyst among Jungians in Taiwan and there emerged a great Alchemical opus. It happened through the workshops, group supervisions, or lectures held by TSST and Taiwan D.G. that took place during these years.

Having been recognised as a non-training society in 2019, we held a two-day analyst retreat at June 2020. It was our first effort to have more interaction among our 13 analysts, which gave us a chance to get to know each other better.

What were the difficulties your group had to face?

Although we knew each other well before the establishment of the TSAP, even long before the establishment of the DG, we didn't know each other as Jungian analysts. On the one hand, every analyst is trying to be more individuated independently; on the other, all analysts had to be part of a group, which is essential for us to become a training center of Jungian analysts and a community where we can explore Jung's thoughts jointly.

2. THE PRESENT

How many members does your group have today?

We have 72 members, including 13 analysts and 26 routers.

What are the strong points of your group that have contributed to its development?

Our current analysts and most of the routers are senior psychotherapy practitioners, and their expertise in clinical practice can be said to be one of the strengths of the TSAP. We are friendly with related local foundations, publishers, and organizations, such as Taiwan Institute of Psychotherapy, Shiuhli Foundation, PsyGarden Publishing, Mushuei Jung Culture Company and Syzygy Consultancy Company, which hold regular or irregular Jungian seminars and lectures. Other analysts, depending on their respective circumstances, also accept invitations to give lectures or offer activities to the public and different professional organizations to provide basic training in analytical psychology. These activities are useful for the professionals as well as for the general public for a better understanding of analytical psychology. Besides, TSAP has a long-term cooperative relationship with the publisher PsyGarden Publishing, which has been and will continue to be a big help with the future publication of books on Analytical Psychology.

Has your organization had significant positive changes in training that have been of help for the development of analytical psychology, that you wish to share with our international community?

After introducing Analytical Psychology in Taiwan, we are much more in awe of the power of the unconscious. Furthermore, the concept of individuation in analytical psychology leads us to rethink the practice or cultivation in our traditional culture and to integrate these old lessons with the psychotherapy and analysis that originated in the Western.

3. THE FUTURE

What are the challenges and difficulties for your group in the near future?

Our next step is to become a training society. Therefore, we would have to keep thinking about how to structure and improve our training program, including the faculty, the support resources for the analytical training.

We need to communicate more with the Jungian traditions in other regions, where language is currently the main obstacle. At the same time, we also need to form our own a community, with our own tradition of Jungian thought, where we would put our thoughts into words, and even translate and publish into different languages, which will generate more dialogues with different Jungian communities.



Left: Picture 4. Taiwan analysts, dinner on 2019.6.24 at Taipei

Below: Picture 5. 2020 Summer TSAP analysts meeting



Would you like to highlight something special about Analytical Psychology in your country, or region?

Due to political and historical context, Taiwan has always had a keen interest in cultural unconscious and cultural complex. As a new member of IAAP, we are also interested in making contributions to the study of Analytical Psychology through Taiwanese historical narratives and folk tales.

At the same time, after 1945, most of the scholars of traditional Chinese culture immigrated from China to Taiwan. They have accumulated great insights and thoughts on Chinese culture. We have now collaborated with some Neo-Confucian scholars like Rur-Bin Yang, Fong-Mao Lee, and others. We believe this will bring more abundant results in the future.

Hao-Wei Wang
President of TSAP

CHINA SOCIETY FOR ANALYTICAL PSYCHOLOGY - CSAP

The China Society for Analytical Psychology (CSAP) was officially set up at the IAAP Vienna Conference 2019. The first CSAP general assembly took place in November 2019 in Hangzhou China. Heyong Shen was elected the president, Hongxia Fan and Zhang Min as vice-presidents, Jianguo Feng secretary-general. There are now 12 IAAP individual members and 48 routers of CSAP.



Some of CSAP members in Vienna Conference (2019)



The 8th International Conferences of Analytical Psychology and Chinese Culture (2018), with theme: "Enlightenment and Individuation: East and West"

2008). Sponsored by the Swiss Government, we have held the series of "China Jung Week" at the main China universities. Many IAAP officers and Jungian analysts, since Thomas Kirsch and Murray Stein, have taken part in the development of Analytical Psychology in China by providing training and supervision. Along the way, many Chinese scholars and philosophers, including the best scholars of I Ching, Taoism, Buddhism, and Chinese Traditional Medicine, have joined with us in the work.

We have set up institutes for analytical psychology in some universities (such as SCNU, Fudan, CityU), promoted academic researches, have translated and published over 100 books

The development of CSAP (IAAP in China) started over 20 years ago when, in 1993, Heyong Shen contacted Thomas Kirsch and Murray Stein in the United States and organized an IAAP official visit to China the following year, in 1994. Supported and sponsored by the IAAP, the first International Conference of Analytical Psychology and Chinese Culture was held in 1998, and the Oriental Institute for Analytical Psychology was founded. Shortly afterward, the Guangzhou developing group was prepared and established (there were four DGs in mainland China before the formation of CSAP: Guangzhou, Shanghai, Beijing, and Wuhan).

Over the past 20 years, supported and sponsored by IAAP, we have held 8 International Conferences of Analytical Psychology and Chinese Culture (1998-2018), and 10 National Conferences for Analytical Psychology (every year since

by Jung and Jungian scholars in Chinese, including the Collected Works of C. G. Jung. We have founded the Chinese Journal for Analytical Psychology, published quarterly since 2015.

Supported by IAAP, we have set up the charity project of the Garden of the Heart & Soul for public welfare, to support the psychological development of orphans in the mainland of China, and psychological relief work for the victims (e. g. of earthquakes) since 2007. Today, there are over 80 workstations of the Garden of the Heart & Soul in mainland China.

At the beginning of 2020, the unexpected Coronavirus impacted people in China. In the face of this threatening disaster, we, the CSAP, along with CSST (China Society for Sandplay Therapy) and the Oriental Academy of Analytical Psychology, set up the “Garden of the Heart & Soul 2020 Online” to provide psychological support and professional services for people, on January 26, 2020. IAAP and ISST, our international colleagues, have given us a lot of help and support. At the same time, we joined the IAAP project for the work, such as with Italian colleagues.

Our members have actively participated in the IAAP conferences and other International Jungian activities since 1995, such as IAAP congresses, European and American Jungian conferences, Eranos East and West Roundtables, Activism and Analysis conferences. We have co-operated with the C.G. Jung Institute of Zurich, ISAP, C.G. Jung institutes of Roma, Milan, Berlin, Isreal, Los Angeles, San Francisco, and New York, organized our routers and candidates for visiting trainings every year for the last ten years.

Now we are working on the preparations of the 11th China National Conference for Analytical Psychology at the Jiangxi University (Nov. 25-29) with the theme: “Choice and Change: Reflection on Covid-19 from the perspective of Depth Psychology.” Toshio Kawai, Misser Berg sent their opening addresses for the conference. Joe Cambray, Ruth Ammann, Brian Feldman, Allen Guggenbuel, Luigi Zoja, Eva Pattis Zoja, Robert Bosnak, Alex Esterhuyzen, Daniel Merritt will give presentations online.

IAAP officers and many Jungian friends visited Qingdao, where Richard Wilhelm lived for over 20 years, and were touched by the relationship between Richard Wilhelm and C.G. Jung, and their lifelong devoted task. As C.G. Jung wrote to Richard Wilhelm: “Fate seems to have apportioned to us the role of two piers which support the bridge between East and West.” (C.G. Jung Letters. Vol.1:1906-1950. P.66) In his essay, *Richard Wilhelm in Memoriam*, Jung said, “We must continue Wilhelm’s work of translation in a wider sense if we wish to show ourselves worthy pupils of the master. The central concept of Chinese philosophy is *tao*, which Wilhelm translated as ‘meaning.’ Just as Wilhelm gave the spiritual treasure of the East a European meaning, so we should translate this meaning into life. To do this—that is, to realize *tao*—would be the true task of the pupil.”(C.G. Jung, *Richard Wilhelm in Memoriam*. CW. 15.§89) As Jungian analysts, we would do our best to continue the task started by Jung and Wilhelm.

We are so grateful to be a member of the IAAP family. We sincerely welcome our international Jungian friends to come and visit China, for teaching, supervision, and to support CSAP, to continue the task of building the bridge between East and West Psychology, to

continue the work left by C.G. Jung and Richard Wilhelm.



CSAP, China Society for Analytical Psychology

Heyong Shen
President of CSAP

BEIJING DEVELOPING GROUP

Beijing DG has been formally established since 2015. Up to now, Beijing Group has 4 analysts who passed the final exam (Hongxia Fan, Ying Li, Ainong Hu and Jianguo Feng), and 14 routers. This is the name list of 14 routers (four of them passed the intermediate exam):

1. Jinjing Xiang (pass the intermediate exam)
2. Shouwen Xun
3. Shuofang Zhou
4. Qiong Wu
5. Hongwei Ma (pass the intermediate exam)
6. Yu Cao
7. Min Pan
8. Dong Wang (pass the intermediate exam)
9. Yuanjie Ji (pass the intermediate exam)
10. Ruixiang Ren
11. Ge Nie
12. Jinzhi Zhang
13. Huiying Liu
14. Rong Wang

Current activities are two group supervisions for routers. The supervisor is Martin Schmidt.

The history of Beijing DG

Around 2012, Paull Kugler and Heyong Shen came to Beijing to investigate. At that time, there were only group sandplay activities weekly in Wenxizhai Consulting Center. Some people

attended some courses about Jungian psychology organized by the Psyheart center. In 2014, Angela Connolly and Joe Cambrey visited Beijing formally. Ainong made a report about the Beijing group, and Angela and Joe did several group supervisions for us. About twenty students attended these activities. Since that time, more analysts have visited and have worked with the Beijing group every year.

In 2015, the Beijing DG was established formally. Toshio Kawai, Yasuhiro Tanaka, Joe Cambrey and Linda Carter visited Beijing. Ainong Hu was the first president and Joe Cambrey was the liaison. At that time, there was only one analyst, 3 routers and about 400 students who were interested in Jungian psychology. The group organized one lecture every month for the students.



From 2015 to 2020, the Beijing DG developed slowly and orderly. The group organized about 10 lectures and 20 group supervisions for routers and students every year. In 2018, Jinjing Xiang became the second president.

In 2020, because of Covid-19, all of our work was done on-line. It was a big challenge for all of us.

Jinjing Xiang

President of Beijing DG

GUANGZHOU DEVELOPING GROUP

The Guangzhou Developing Group is affiliated with the International Association for Analytical Psychology (IAAP). In February 2007, IAAP formally announced the establishment of the Guangzhou Developing Group. It was established by Dr. Heyong Shen, and it was the first IAAP Developing Group in Mainland China. The president of the group was Dr. Min Zhang (Individual Member since 2013) from 2013-2016. Dr. Huilin Zhu (Router) took over the presidency from 2016-2019 and Mrs. Ruojun Meng (Router) has been the current president since 2019. Dr. Paul Kugler is the appointed IAAP Liaison Person and Dr. John Beebe is the visiting analyst of the group.

Guangzhou is one of the major cities in Southern China, which is surrounded by Zhujiang River and centered in the Baiyun Mountain. Resonating with the Hexagram 4 of I Ching: MENG (蒙), Guangzhou Developing Group has been the origin of analytical psychology



Figure 1. Guangzhou from the point view of Baiyun Mountain

in China and the first city that the President of IAAP at the time, Murray Stein, and Thomas Kirsch visited. Supported by IAAP, the first International Conference of Analytical Psychology and Chinese Culture was held in 1998 in Guangzhou.



Figure 2. Guangzhou and Zhujiang

I Ching Hexagram 4.
Mêng / Youthful Folly

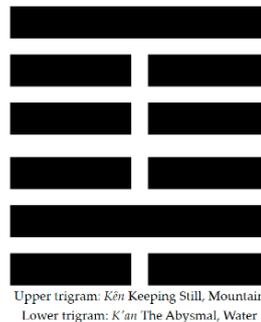


Figure 3. The Hexagram 4

By hosting lectures and seminars on various topics, our group provides opportunities for the general public who are interested in studying analytical psychology and those engaged in psychological work, to understand and apply analytical psychology in their clinical practice. Over fifty programs, such as case discussions, lectures, seminars, workshops were held in the past three years. Many senior IAAP analysts regularly visited the group and gave lectures or chaired seminars, for example, Dr. Paul Kugler, Dr. John Beebe, Dr. Joseph Cambray, Dr. Angela Connolly, Dr. Brian Feldman etc.



Figure 4. IAAP Visiting Guangzhou Developing group in 2015

The program of the Garden of the Psyheart was also developed from Guangzhou. In 2008 and 2010, after the Wenchuan and Yushu earthquake, students of analytical psychology at the South China Normal University became the first group of volunteers to provide psychological aid to survivors. During those ten years, the Garden of Psyheart continued their work of organizing local psychologists and volunteers to support the orphanages throughout China, building sandplay therapy facilities in the orphanages and working to train staff for them. Up

to 2020, we have had 78 volunteer groups named Garden of the Psyheart in more than 50 cities around China.



Figure 5. Dr. Heyong Shen and its Garden of Psyheart in Sichuan



Figure 6. Garden of Psyheart in Yushu with Dr Heyong Shen and Dr. Haowei Wang

As the first Developing Group of mainland China, the Guangzhou Developing Group has become a cradle of Jungian psychology and analysts. Over time, the membership of the developing group has grown to 60. Most of the members are students of psychology, local psychological counselors and psychotherapists.

There are 21 Routers affiliated with the group and we have five local Jungian analysts now. We are working towards the development and application of analytical psychology for future generations.

Meng Ruojun (Sophia)

President of Guangzhou DG

SHANGHAI DEVELOPING GROUP

The Shanghai DG was initiated by Prof. Shen Heyong in 2005, with the support of John Beebe and Chan Kan as the contact person. John Beebe, Eva Pattis Zoja, Luigi Zoja were invited to provide workshops and lectures at Fudan University on a regular basis. In 2007, the second Jungian Learning week was held at Fudan University; Dan Hocoy, Kathy Mays, Jill Fischer, Brigit Soubrouillard, and Robert Bosnak attended the event. In 2009, the 4th International Conference of Analytical Psychology and Chinese Culture was held at Fudan University. Hester Solomon, Joe Chambray, Paul Kuglar, and Thomas Kirsch attended the conference. The Shanghai Group was officially accepted by the IAAP as a Developing Group in 2010. John Beebe was appointed the Liaison person and served until 2016. Chan Kan was elected as the first president in 2010 and served until 2015; and Paul Kugler was appointed by the IAAP in 2010 as visiting analyst, visiting Shanghai twice a year to provide personal analysis to Developing Group members until 2016.



The 4th International Conference of Analytical Psychology and Chinese Culture (2009)

With the support of the IAAP, the guidance of John Beebe and Angela Connelly as previous Liaison persons, the management of two previous presidents, Li Mengchao and Xiao Fufang, the Developing Group continues to grow and evolve. The DG now has a constitution, and consists of Committees and a management team. The election of the DG president is now held every two years, and the committee election is held every four years. This month is the time for both elections to be held. The DG's current Liaison person changed in 2020 to Yasuhiro Tanaka due to Angela Connelly's passing away. The current president is Yang Ruidong, and the current visiting analyst is Sara Lv. Due to the pandemic, Sara Lv cannot come to Shanghai at the moment.

The Shanghai DG has continued to organize high quality programs, and to increase attendance each year. The DG members have grown to 175 in 2020. At the moment, there are three IAAP analysts affiliated with Shanghai and 14 Routers. In the past years, apart from the above- mentioned analysts, Alexander Esterhysen, Brian Feldman, Joe Chambray, Joanne Wieland, Liza J. Ravitz, Linda Carter, Martin Schmidt, Toshio Kawai, Sara Lv and Steve Semmelman have also been invited to Shanghai for workshops and case seminars.

The DG's program has been organized in combination of on-site and on-line formats in the past 4 years, with on-site workshops and supervisions provided by International Jungian Analysts, and on-line public lectures provided by Routers and National Jungian Analysts. Due to the Pandemic situation this year, the program only takes on-line format.



Workshop in shanghai in October 2018

Angela Connelly, as the Shanghai DG's Liaison person, provided great workshops and case seminars, and built up a connection with some of the members. Following Angela's passing, in April the DG organized a commemoration activity with around 20 members attending. Each of us expressed how Angela Connelly affected us as a person, and also as a Jungian Analyst. The DG also organized a monthly book reading group led by Mei Fun Kuan to read Angela Connelly's research papers in her memory.

The DG now has 6 online supervision groups which run on a monthly or bi-weekly basis. A series of 10 online lectures are provided by Brian Feldman on a monthly basis. Six on-line public lectures are opened to the DG members for free. Apart from the learning programs, the DG followed Prof. Shen Heyong's initiation, organizing monthly "nature of mind" activities to build up members' cohesion.

Yang Ruidong (Ivy)

President of Shanghai DG

WUHAN DEVELOPING GROUP

The IAAP Wuhan Developing Group was initiated by Prof. Shi Qijia In April 2018, and was officially approved by IAAP in February 2019, with Prof. Shi Qijia as the group president. During the time in between, members of the group travelled to Pacifica Graduate Institute in Santa Barbara, Jungian institute in San Francisco, and ISAP Academy in Zurich for professional training. Till now, nine members of the group have successfully passed the IAAP screening interviews and have become Routers. All of them are currently undertaking scheduled training courses, striving to become qualified Jungian analysts.

Most of the group members come with advanced institutional background in psychology, education, health care, mental health care, medicine, social science, nursing as well as related disciplines such as music, painting etc. Majority of them have had more than six years of training history in psychoanalysis and have accumulated considerable amount of work experience as clinician. Although we are as a group a "newcomer" to the IAAP family, adding to the fact that the year 2020 is a very special year for the whole world, with the outbreak of the Covid-19 pandemic affecting our regular teaching and academic exchange activities as well as our personal life agendas, the group never stopped making improvements. This year, we have started recruiting new members, especially professionals such as psychiatrists, psychotherapists and consultants who are



interested in analytical psychology and making it applicable in their clinical work. All candidates submitted applications voluntarily, out of whom more than fifty have joined our group this year as new members through rigorous selection process. These new members will also prepare themselves for important roles in the propagation of analytical psychology in China.

The group has carried out a few academic programs and plans to conduct more in the near future, such as online teaching of analytical psychology theories, online supervision groups, giving public lectures, holding annual symposiums and so on. We believe that under the leadership of IAAP, besides gaining more professional knowledge and skills, members of the Wuhan Developing Group will also make great contribution to the entire growth of analytical psychology in China

Qijia Shi,
President of Wuhan DG

From Developing Groups

HONG KONG DEVELOPING GROUP

The Hong Kong Developing Group has been promoting analytic psychology in Hong Kong for the past two decades. We gathered a group of dedicated clinicians, including psychologist, psychiatrist, and counsellors seeking a symbolic understanding of our clients' and our own personal struggles in life. We have become colleagues and friends in the process of learning and practice, supporting each other in the tumultuous time for Hong Kong.

Thanks to the dedicated support by our past Liaison Person, Marta Tibaldi, making yearly visits holding workshops and supervisions, many new members were impressed by the analytic approach as a different way to understanding the psyche. We held a Foundation Course in 2018, with our local analysts sharing their perspective in various key areas of analytical psychology, e.g. structure of the psyche, ego and the unconscious, understanding of the complex, understanding of symbols in dreams, sandplay and fairytales, and their clinical application. As part of the trans-cultural dialogue, we also had a reading group with Marta studying the traditional Chinese folktales, Legend of the White Snake. Our writing project with Marta, "Jungian in Hong Kong - Stories of Transcultural Identities" documents the cultural reflection of our analysts and routers in the process of training. It also highlights the relationship between developing group and liaison person as a beautiful example of transcultural dialogue.

We have also given an equal emphasis to child analysis responding to the clinician demand. We are lucky to have been able to invite Brian Feldman to give a lecture series on infant observation, the use of symbolic material in child analysis, and attachment theory from the Jungian perspective. He also led an infant observation group introducing the method of training in child analysis.

Under the guidance of our current Liaison Person, Brigit Soubrouillard, we are able to gather together in the time of the COVID-19 pandemic. Apart from the group supervision, we also experiment on the format of webinar. With our growing number of routers, we studied the initial moments in the analysis. We were able to reflect on the many important hints in the first few analytic sessions, e.g. initial transference and countertransference and initial dreams, and paved a way for our new routers to start the training.

The Hong Kong Developing Group is becoming more vibrant with different learning initiatives among our members. We have a monthly dream group led by our local analyst, Teresa Chan, discussing clients' dreams and exploring the group counter-transference to the material. This has been timely as we go through a historical moment for Hong Kong, with people suffering from the social unrests in 2019, followed by the mass panic of the COVID pandemic and its sequelae of social isolation and gloomy economic outlook. We witness a collective trauma in the city. While everyone is struggling for a way out: some decide to leave the city

looking for change in the outer reality, some stay and seek a solution in their inner reality. We hope that by becoming a Group Member of IAAP, we will be able to strengthen our group identity in transcultural dialogue with other IAAP group members and to support our local clinicians with comprehensive training opportunities.

Marshall Lee

President of Hong Kong DG

BANGALORE DEVELOPING GROUP **- BANGALORE SOCIETY OF ANALYTICAL PSYCHOLOGY**

Nestled in the quiet inner spaces of a bustling, teeming city of Bangalore is Bangalore Society of Analytical Psychology. It was conceived as Jung Centre - Bangalore by India's first Jungian Analyst, Kusum Dhar Prabhu, in 1997. Gathered around her hearth to soak in and drink from the cup of analytical psychology, years later, in 2018, the group was reborn as the Developing Group: Bangalore Society of Analytical Psychology, with Manasa K.s as its President. The group serves as a psychological laboratory for alchemists who continue to plumb the depths of psyche.

The vision of the Bangalore Society of Analytical Psychology is to allow Analytical Psychology to bear its roots in and to be enriched by the Indian culture. This has informed our goals as a group where we see ourselves as a body of professional and non-professional people coming together to walk on this conscious/Dharmic path of our lives. We have a current membership of 30 people from various walks of life, who are enthusiastic about learning Jungian Thoughts and its Application.

As it steps into its second year, the Bangalore Society of Analytical Psychology is becoming a place of gathering for people who want to drink from Jung's work. With two main programs at its helm, The Jungian Seminars (Selected articles from Collected Works of Jung), with an on-going closed group of members and the reading group where a lecture series on Jungian thought and works were discussed, was open to a larger audience. A continuum of series of Jungian Seminars helped us to deeply delve into the primary Jungian Concepts such as- Persona, Ego, Shadow, Self, Anima & Animus, Individuation. In addition, an exclusive seminar was conducted on the study of the Mother Archetype.

We conducted our first ever Dream Immersion Retreat for a period of 3 days. This further enhanced the fertile ground for people drinking from the Jungian Well. Along with this came an impetus for a few of the members to commit to the router training to become Jungian Analysts. The vision of the Jungian series led us to explore the terrain of friends of Jung. People from all walks of life could gather together as friends of Jung. This led to the birthing of a new series and a program where candidates could present papers of their own development

(psychological, spiritual and professional). The series entitled “Yoking with Jung,” was to capture the essence of Jungian principles which were integrated into a person’s life, be it their profession or their philosophy of life.

In January 2020, we ushered the new year with our first program, “Yoking with Jung” by fellow Jungian- Reshma Mudirakkal a Psychological Astrologer. This was followed with “What’s the Matter?”, by Expressive Arts Therapist Anitha Santhanam, who explored the Mother Principle through drama. “Persona Integration,” by Rama Narayan, a Jungian Fashion designer interwove clothing and its function as our persona portrayer! Sunitha Sivamani a depth psychotherapist, explored the snake symbolism in Jungian psychology through her presentation: “Serpent’s Calling.”

We also had the good fortune of hosting Marian Dunlea to conduct a workshop on Body Dreaming. Marian Dunlea is the author of the book “BodyDreaming in the Treatment of Developmental Trauma: an Embodied Therapeutic Approach”. Due to the pandemic crisis we had to halt many of our events, but with the support of IAAP we are currently on a digital platform with a renewed momentum. One of the first workshops to be conducted digitally was the Picture Interpretation and Fairytale Analysis by Jungian analyst, Katherin Schaeppi.

We are looking at an expansion in our programs, one of the most promising and eagerly anticipated ones being the Book Reading Club. We also hope to collaborate with Jungian Analysts across the world, through the digital platforms for a variety of programs and workshops. Bangalore Society of Analytical Psychology is the hub of enthusiastic Jungians. A mosaic of individuals who collectively provide a colourful lens on concepts discussed, yet whose personal lens still has a more beautiful view to offer. It is becoming the bedrock of conversations on Self, Ego and Collective Unconscious, where the individual derives deeper meaning into what is a steady stream of ideas.

Manasa Kolligere Siddge Gowda
President of Bangalore DG

AHMEDABAD DEVELOPING GROUP- AHMEDABAD JUNG CENTRE

As president of the Ahmedabad Jung Centre- a developing group of IAAP, I am happy to contribute to the IAAP News Sheet No. 17.

The Ahmedabad Jung Centre has been in existence for more than 15 years, since Dr. Ashok Bedi, hailing from India, settled in USA, a senior Jungian analyst himself, has been coming for annual visits to India and has been giving lectures to the members of the Ahmedabad Jung Centre.

For many years, that was the extent of the activities of the Ahmedabad Jung Centre. In 2015, the leadership of AJC changed. I, Dr Minakshi Parikh, Professor and Head, Department of

Psychiatry, BJ medical college, Ahmedabad, was handed over the charge of President, AJC and Dr Nimesh Parikh, Professor and Head, Department of Psychiatry, SVP Medical College, Ahmedabad was assigned the post of Vice President, AJC.

Jungian thought had always interested us as students of Psychiatry and now, we had the opportunity to explore it farther and deeper. Jungian principles are particularly relevant to and in sync with the Indian mythology and philosophy and Jung himself is known to have traveled to India and studied Indian philosophy. So all in all, as office bearers of Ahmedabad Jung Centre, we took it upon ourselves to work for the progress of the AJC so that interested members could have an opportunity to delve deeper into such a worthy subject as Jungian psychology.

Dr. Ashok Bedi has been our consistent mentor and liaison person and has supported and nurtured the AJC in every possible manner. His two- hour lectures deepened into intensive three- day workshop with analysts such as Dr. Boris Matthews and Dr. Robert Jakala, as follows:

Feb 2020: Typology

Feb 2019: Archetypes

Feb 2018: Dream Interpretation

Feb 2017: Advanced Psychotherapy, the Jungian Way

Dr. Bedi and his USA-India Jung Foundation also started essay competition for members of AJC on exploration of Indian Psyche through the Jungian analytic lens as follows:

2020: A piece of Indian Scriptures from Jungian analytical lens

2019: Indian Festivals from Jungian analytical lens

2018: Indian Philosophy

2017: Indian mythological characters and Archetypes

Dr. Bedi has also managed to find very generous Jungians who have donated a very rich collection of Jungian books for our AJC library that the members can avail of.

Throughout the year, once in one or two months, Dr. Bedi arranges for two-hour lectures from the International Jungian Stalwarts. Also, once in one or two months, Dr. Bedi does group supervision for the AJC where one of the aspiring routers presents a clinical case. Members of AJC also have a reading group session once every 6-8 weeks which is now up for betterment as Dr. Robert Jakala, a Jungian therapist and Dr. Bedi's friend, has agreed to lead our reading group every month.

We have around 60 deeply interested members belonging to the field of Psychiatry, Psychology and others, not only from our city and state but also from other states of India. We have applied for the IAAP Developing Group status last year and in January 2020, we had a site visit from the IAAP president, Dr. Toshio Kawai, and President Elect, Misser Berg for two

days. After their inspection report, IAAP accepted our centre as a Developing Group.

Ten of our members are in personal analysis with various senior Jungian analysts. We are very happy that two of our members, namely, myself and Dr. Nimrat Singh are routers of IAAP.

Members of the AJC are deeply grateful for all the support from the IAAP, our liason person Dr. Ashok Bedi and his colleagues, and look forward to expansion of our Jungian studies and exploration in future.

In the long run, we visualize our members attending and actively participating in International Jungian Conferences, exploring and building the bridge that connects Indian thought and Jungian Philosophy; so that Jungian therapy becomes more available and feasible across India.

Minakshi Parikh

President of Ahmedabad DG

INTERVIEW

Interview with Jungian Analyst, Laner Cassar, PhD. from Malta



Laner Cassar receiving his diploma from Marianne Müller at the Vienna Congress 2019

MB (Misser Berg): Laner, please tell us about your background

LC (Laner Cassar): I come from Gozo an island part of the Maltese archipelago. Malta is the largest of three islands which is in the middle of the Mediterranean Sea. I currently head the psychology department at the Gozo General Hospital. I work in mental health services. I specialised in clinical psychology and various forms of psychotherapy such as Gestalt therapy, waking dream therapy, and in 2019 I graduated in at the IAAP Congress in Vienna as a Jungian analyst. I am the current president of the Malta Developing Group, known as the Malta Depth Psychological Association.

MB: How did your interest in Jung start?

LC: My interest in Jung started probably around 27 years ago during my first undergraduate degree in psychology. I was fascinated by his ideas of archetypes and the collective unconscious and how they manifest e.g. in dreams and I wanted to read more. Eventually, in my first psychotherapy training in Gestalt therapy I was lucky to meet a Jungian analyst from Belgrade, Dr. Velimir Popovic. He was invited regularly during the course as one of the guest-teachers to present different therapeutic approaches. Consequently, I became hooked on analytical psychology.

In 2004, a colleague and I started to organise various CPD psychology training courses for professionals. Over time, the focus of these courses became specifically psychodynamic and we invited several individual Jungian analysts.

We were encouraged by a number of these Jungian analysts, who visited Malta on separate occasions, to start an IAAP Developing Group in Malta. These analysts included Dr. Christine Driver (SAP), Dr. Joy Schaverien (SAP), Ms. Linda Freeman (IGAP) and Ms. Pauline Napier (PSJA).

MB: Could you tell us briefly about this process of becoming a Developing Group?

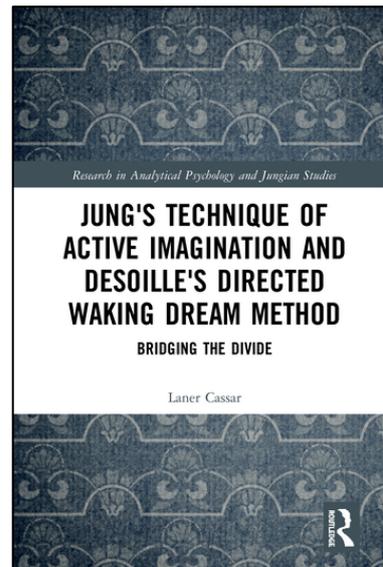
LC: A group of psychologists and psychotherapists who used to meet in different CPD workshops about psychodynamic theory kept on meeting informally to deepen our understanding of its theory and practice. We also started to meet regularly to hold cinema salons, study-groups and peer supervision. Eventually, we formed an association named the Malta Depth Psychological Association.

The group formally applied to become a Developing Group of IAAP in November 2007 and on 22nd February we were informed that the first site-visit will take place on the 19th of May 2008. This was during Hester Solomon's administration, and we are very grateful to her for the support. After the first visit we were informed that we would be linked to CIPA, Italy and our Liaison Person would be Dott.ssa Caterina Vezzoli from Milan. Since then, a small cohort of Maltese psychology professionals (including one from Cyprus) have completed their training to become Jungian analysts. This first training was held in Malta through the European Affiliate candidate program with the IAAP and CIPA (Southern, Italy). FAJP helped us a lot in funding shuttle analysis.

MB: During this period, you studied at the university in Essex where you took a PhD. What was the subject of your studies? Could you tell us how you have been able to use your findings in your clinical work?

LC: In 2008 I started a PhD at the Centre for Psychoanalytic Studies at the University of Essex, in the UK. My research was a historical-comparative one since I investigated and compared

Jung's technique of Active Imagination and Robert Desoille's Directed Waking Dream. I deconstructed the free and spontaneous aspects of active imagination as described by classical Jungians and put active imagination in dialogue with another guided imagination therapeutic method. This led to the development of a hybrid-integrated relational model of doing active imagination in the session with clients which I named Imaginative Movement therapy. I also researched how the two therapeutic schools based on the imaginal met at different points in history especially in Switzerland and how the Genevan analyst Charles Baudouin was a key figure between Jung and Desoille. During my research Prof. Andrew Samuels was very helpful as my supervisor. In July of this year I published my Ph.D. work in the Routledge book entitled 'Jung's technique of Active Imagination and Desoille's directed waking dream method. Bridging the divide.'



<https://www.routledge.com/Jungs-Technique-of-Active-Imagination-and-Desoilles-Directed-Waking-Dream/Cassar/p/book/9781138318700>

MB: Which kind of training have you and your colleagues had in the Maltese Developing Group? Could you give us an outline of the content of the training and mention some of the analysts who have taken part in your program?

LC: Since 2008, we have had a consistent flow of Jungian analysts from all over the world coming to teach us and to offer us supervision. Prominent Jungians who visited us included Verena Kast, Murray Stein, John Beebe, Joe Cambay, Linda Carter, Beverley Zabriskie, Angela Connolly, Tom Kelly, Brigitte Allain Dupre, Pauline Napier, Jan Weiner, Misser Berg, Pasqualino Ancona, Francesco La Rosa, Carlo Melodia, Francesco Bisagni, Livia di Stefano, Antonella Adorasio, Ursula Wirtz, amongst others. Caterina Vezzoli held the group over the past eleven years, coming frequently to Malta to teach, to supervise and to support the group in its difficult moments, as we continued to grow together as a group. The group members of the Malta group formally applied to become affiliate candidates of the IAAP in 2014.

The teachings were various and each teacher presented in his or her own unique style. We were

enriched by different teaching analysts who belonged to different schools of Jungian psychology: some emphasised more the symbolic approach while others excelled at the use of transference and countertransference.

As Malta in its history has been colonised by several different nations, a part of the Maltese cultural complex is a tension between the Italian and the British, the latter having colonised Malta since the Napoleon Wars and up to 1964. Working with this cultural complex in the training has been very fruitful. For us it is very important to have our own voice. It has to come from us, with support, but from us.

MB: You mentioned before that you have been training in the Affiliate Candidate Training and via this cooperated with CIPA, Sicily. Can you tell me about this?

LC: Our formal training was made possible with the collaboration of the Italian Centre for Analytical Psychology, Southern Institute (CIPA). The institute provided us with a shuttle analyst and individual supervisors and various teachers. They also generously invited us to participate in their annual local and international seminars, and they still continue to support us to this day.

MB: You and your colleagues all graduated at the Congress in Vienna – please say a few words about this.

LC: The six professionals of our group (five from Malta and one from Cyprus) did their final exam in February 2019 in Catania, Sicily at the CIPA institute. We were proclaimed Jungian analysts in August, 2019 during the XXI International Congress of Analytical Psychology, at the University of Vienna. Unfortunately, a member of the group was not with us since she had to leave to settle in Australia. It was a big loss for the group though thanks to technology we still meet regularly with her.

Our graduation in Vienna was a very eventful and important moment for our group. The graduation was an unforgettable experience and a completion of a long journey together. During our stay in Vienna, we cherished the steps of our long journey together, the highs and the lows and started to dream of how to carry our project forward as we started to realise that we have

finally become Jungian analysts.

MB: What are your plans for the future?

LC: Over the past year, our group met regularly mainly online to continue to support each other with peer supervision and to plan a way forward for the group. We came up with two ideas of how to continue to offer training to others. We thought to offer a top-up course, with the help of CIPA, Southern Institute, for already existing psychotherapists of other therapeutic modalities. Moreover, we also thought about the possibility of running another Masters Psychotherapy degree course in Jungian psychotherapy. The latter course can then be topped up with an added year to become a Jungian analyst and give candidates the possibility to register with the IAAP. However, despite these plans, the COVID 19 pandemic has somewhat stalled our plans and we also feel the need to continue to ground ourselves further and to develop more as a group before we can embark on any of these mentioned projects. We also believe that we can start by offering smaller courses to psychology professionals to increase the interest and knowledge of the participants about analytical psychology.

(Interviewed by Misser Berg, IAAP President Elect)

ANALYTICAL PSYCHOLOGY AROUND THE WORLD

Conferences

■ **Analysis & Activism IV / CGJSF Presidency 6**

The 2020 Analysis and Activism/US Presidency Conference took place October 15, 16, and 17. It was entitled “The Reality of Fragmentation and the Yearning for Healing: Jungian Perspectives on Democracy, Power, and Illusion in Contemporary Politics”. Although originally conceived of as an in-person event to be held in Berkeley, California, it was decided by the spring of 2020 that the event would have to be “virtual” because of the pandemic. Several factors combined to make this a unique event. First, the conference actually combined two separate ongoing meetings that had their own unique histories. The Analysis and Activism group had sponsored prior conferences in London, Rome and Prague. The Presidency Conference, an ongoing presentation of the San Francisco Jung Institute, had hosted their event every four years in advance of the US Presidential elections since 2000. The combined event was the fourth for the Analysis and Activism group and the sixth for the Presidency group. In having to change the event from a live venue to a virtual venue, the ability to reach a world wide audience and charge varying fees according to geography and level of training with lower fees for candidates offered a unique opportunity. Many feared the loss of personal connection that comes with mingling at a live event but ultimately, 270 people registered with participants from Asia, the Middle East, Europe, Latin America and the United States. Over the course of three days, 9 different panels with three presentations each formed the core of the program. In addition, the conference offered participants the opportunity to participate in social dreaming matrix sessions, movement sessions, and reflection group sessions. One of the more surprising aspects of the event is that participants had a far more intimate experience than most anticipated. In some ways, the connections and interactions often seemed more personal than at a live conference with many people being able to share in an exchange. In order to give a sense of the content, here are the titles of the 9 different panels:

1. The Future of Politics
2. Otherness: Political and Psychotherapeutic Considerations
3. Ecological and Health Concerns
4. Inequalities: Past and Present, Personal and Collective
5. Leaders and Led, Populism, the Media: National and International Perspectives
6. Some 2020 Election Issues
7. Patterns of Discrimination in the US Collective
8. Human Dimensions of Politics: Clinic, Psyche, Polis, Activism

9. Motivation and Inspiration: Hope and Dread

The first and third days of the conference had an international focus with presentations from many different countries and continents. The second day was more focused on the United States and the Presidential election, although there was considerable interconnectness of the material throughout the conference. As could be expected, there were some technological glitches in the first day that were mostly resolved by the second day. By the end of the conference, there was a widely shared sense of having participated in a deeply engaging event that was intense and lively intellectually, emotionally, and spiritually. The organizing committee is making plans to publish the papers which cover topics that are of worldwide interest.

Respectfully submitted,
Thomas Singer

■ **The Narratives in times of radical transformation Conference 2020 – Joint International Conference of Technische Universität Berlin, Kyoto University, Institute for Advanced Sustainability Studies (IASS) and IAAP**

“The Narratives in times of radical transformation Conference 2020” was held on 19-20 November 2020. This conference raised main theme as “narratives”, where researchers from the various fields of psychoanalysis, psychology, sociology and technology met together and shared their perspective on narratives.

I was grateful to have a chance to hear many interested presentations and to touch on valuable insights of different fields’ researchers. The role of narratives in transformations not only in individual psyche, but also in community, global environment and technology were discussed in the conference.

In addition, this conference took an online format because of the corona crisis. Two virtual hubs, in Berlin and in Kyoto, were connected via zoom. Therefore, many researchers from Western and East Asian countries could join the conference online and have active discussions from a viewpoint of different cultures.

Through the two days’ conference, the role of narratives during the corona crisis was discussed many times. One of the insights that got to in the discussions was that the narrative arising spontaneously has importance in the corona crisis as well as in psychotherapy, which I also found very impressive. Furthermore, on the second day, the importance of sustainability in the environment and technology was also a key theme in the presentations and discussions. Through the conference, I became more interested in the studies from the fields of sociology and technology and really agreed with the later discussion that the sustainability plays an

important part in the individual psychological transformation.

At the conference I also presented my research, “The relationship between the dreamers’ cultural mentality and the structure of dreams: Comparison between American and Japanese dreams”. This research was supported by the research grant through the IAAP Academic Subcommittee.

This research aims to show clearly the relationship between the dreamers’ cultural mentality and the structure of dreams, to examine non-clinical dreams of the Westerners and the Japanese. Jung (1987) wrote that in analyzing complicated dreams, focusing on the dream structure was useful because dreams had a similar structure to drama. Regarding Western and East Asian fairy tales, the cultural differences in the protagonists’ behavior or ending have been pointed out (Kawai, 1995). There are currently few cross-cultural studies on dreams and this study also regarded dreams as narratives, focusing on the dream structure by “Structural Dream Analysis” (Roesler, 2018). Samples were collected from 300 non-clinical participants in America and Japan respectively through the questionnaire on the Web. Then, the participants’ “impressive dreams in childhood” and “recent impressive dreams” were analyzed statistically.

The results showed that there were the differences in the dream’s structural patterns in the American and Japanese samples. The different points were the relationship between the dream-ego and other figures in the dream, the extent of agency of the dream-ego, and the intensity of other figures or the end of the dream were examined. In the American dreams, the dream-ego had a clear will and strong mobility and the dream-ego confronts a distinct threat or feels an existence of huge or religious object, whereas in Japanese dreams, the situation was frequently that “there is no dream-ego present” or “the dream-ego sees others”. Each characteristic structure of dreams may be affected by the difference in the structure of the psyche or the strength of the ego in the Americans and the Japanese. In addition, there were also cultural differences in the change between “Impressive dreams in childhood” and “Recent impressive dreams”. Each characteristic of the American and the Japanese samples shows the process of growing of each cultural identity or mentality.

However, the research showed that there were also same points in the American and Japanese samples regarding the change between childhood and recent impressive dreams. “The dream-ego is threatened” or “The dream-ego is moving toward a specified or unclear destination” was shown to be a stronger tendency in the impressive dreams in childhood, whereas in the recent impressive dreams, “The dream-ego is confronted with a performance requirement” or “The dream-ego is occupied with communicating with another person or figure” increased. These same points may be affected by the common process of development of the human psyche.

To examine some hypothesis drawn from this study, further cross-cultural researches on dreams are needed. Moreover, I also want to make use of the many valuable insights and comments that I gained at the conference in this study. For example, I had a chance to hear of the Taiwanese dreams’ characteristics in the discussion. I think that the Taiwanese and Japanese dreams may have both similar and different points, even though they are the both East Asian

countries. For further study, I will try to incorporate key factors to analyze narratives or dreams presented at the conference into this studies' methods and to increase the number of investigated countries to expand cross-cultural studies.

(Reported by Hisae Konakawa, Kokoro Research Center, Kyoto University)

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Kawai, H. (1995). *Dreams, Myths & Fairy Tales in Japan*. Einsiedeln: Daimon Verlag.

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ANNOUNCEMENTS

Upcoming Conferences

On the following pages the upcoming conferences in 2021 will be presented.

All conferences can be found on the IAAP website: <https://iaap.org>

at the 'Conferences' dropdown, and with this direct link:

<https://iaap.org/conferences/upcoming-conferences/>

Online Second International Conference in Jungian Child Analysis



**Clinical approaches to working with children and adolescents:
the challenges for contemporary child analysis**

Dedicated to Alessandra Cavalli (1957-2020)

As many of you will know, following the successful International Child Conference in Moscow in April 2019, the Society of Analytical Psychology offered to host a 2nd Child Conference in Cambridge, UK, from March 12th to 14th 2021. Because of the Covid-19 pandemic, we have decided it is premature to hold a live, international conference but since we already have in place a programme of excellent and well-known plenary speakers specialising in child analysis and child research, we have decided to hold the conference online. We hope to host a live conference in 2022.

We were deeply saddened by the death of Alessandra Cavalli on May 17th 2020. She was a child and adult-trained member of the SAP, a dedicated and skilled analyst and an essential member of the organising team for the conference. We have decided to dedicate the online conference to her memory and the opening presentation will be about her significant professional contribution to the field of child analysis.

The conference will be held on three afternoons, Friday March 12th, Saturday 13th and Sunday 14th. This will permit those interested in child analysis but living in different countries to join us online.

JAP Latin American Conference 2021



Civilisation in Transition: Clinical, Social and Academic Perspectives

April 9 – 11, 2021

Online

read more (<https://thejap.org/sao-paulo-2020>)

V. European Conference

The deadline for submitting proposals for lectures and working groups has expired.

*The Programm Committee has however decided to extend the deadline for the submission of **poster presentations** until October 1st, 2020. The DGAP office will gladly assist with the poster design.*

*We look forward to submissions via our **online-form**. (<https://cgjung.de/einreichungen/>) If you have questions, please contact us via e-mail: dgap@cgjung.de (<mailto:dgap@cgjung.de>)*

read more (<https://iaap.org/wp-content/uploads/2020/09/Call-for-Papers-V.-European-Congress-of-Analytical-Psychology-in-Berlin.pdf>)

V. European Conference of Analytical Psychology in Berlin 2021, August 18. - 22.



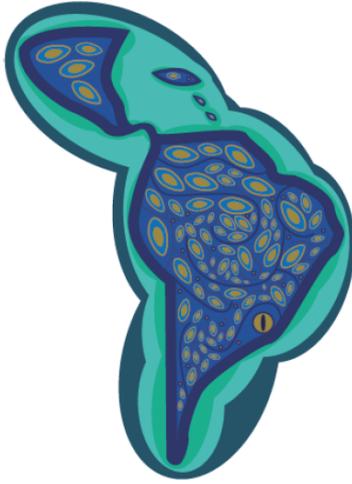
Analytical Psychology in Dialogue, Discourse and Confrontation

Where do we come from? - Where are we now? - Where are we going?



(<https://iaap.org/wp-content/uploads/2020/02/Call-for-Papers-V.-European-Congress-of-Analytical-Psychology-in-Berlin.pdf>)

IX Latin American Congress



Diversity in Latin America: suffering and transformation

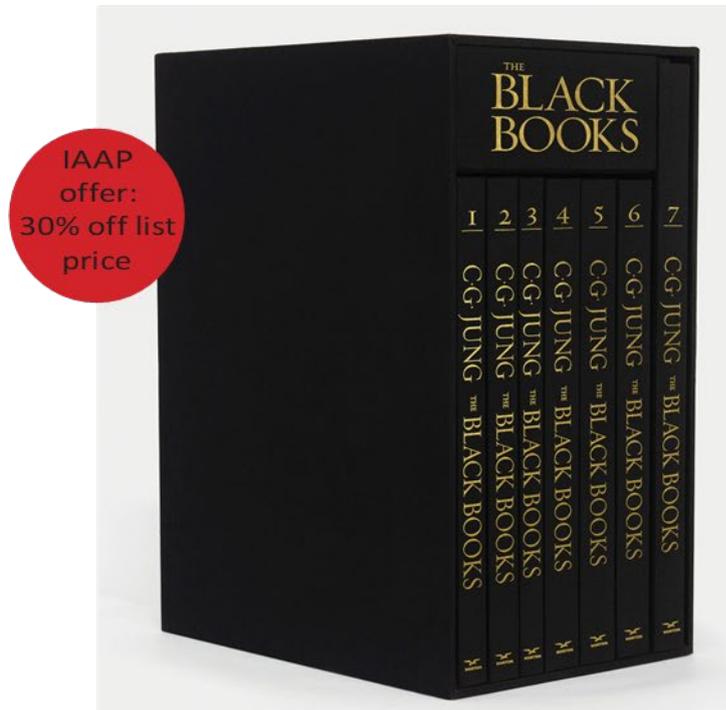
28 Sept. – 2 Oct., Punta del Este, Uruguay

read more (<http://clapa-jung2021.org/en/home-en/>)

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