

<Jungian Psychology Lecture Series>

Taiwan Society of Analytical Psychology

Seminar on Psychological Types

**Jungian Typology: The Emergence of Consciousness:
Type, Archetype, and Individuation in Clinical Treatment**

Lecturer | John Beebe, MD

Course Description:

This course will trace the development of consciousness as it appears in psychotherapy and analytic clients. It will present and use Jung's theory of psychological types and the related theory of archetypes. The course will begin with a description of the eight different kinds of consciousness that typically emerge in the individuation of people. It will include a discussion of the various archetypes in which such consciousnesses may be embedded, so that the clinician can more readily recognize the consciousnesses as soon as they make their first appearance in the patient's dreams, transference, and reported relations with others in the inner and outer world. The course will begin with areas of actual or potential ego strength, the more differentiated functions and attitudes of consciousness that are found in the superior (heroic) and auxiliary (parental) functions of consciousness. It will go on to describe less stable forms of ego-consciousness by exploring the functions and attitudes of consciousness that are vulnerable to states of inflation and deflation (the tertiary function associated with the archetype of the child), and those attitudes and functions of consciousness that are characterized by shame, intense anxieties and compulsions, and a tendency to project and dissociate what the ego needs to take up in these areas (the inferior function associated with the archetype of the anima and animus). Finally, the course will address the problem of functions and attitudes of consciousness that are deployed in unconscious and shadowy ways, because they have been repressed in the course of individuating the more preferred functions and attitudes of ego consciousness. The way these shadow consciousnesses can be recognized clinically, in typical patterns of resisting, depreciating, manipulating, and undermining others and self, will be explored. It will be demonstrated that, in particular, four archetypal complexes --“opposing personality,” “senex/witch,” “trickster, and “demonic personality” -- structure these more “shadowy” ways of expressing consciousness.

Throughout the course, the instructor's emphasis will be on fostering and understanding the purpose and value of all the types of consciousness a patient may display, so as to make Jungian therapy a place where all of them can be accepted, grow in their own ways, and eventually be integrated. The goal will be to help therapists learn to make nuanced type assessments within the clinical situation and to apply these assessments with an analytic attitude, as an orientation to, rather than an imposition upon, the patient's own developing process.

Course Objectives:

This course aims to get psychotherapists:

- 1) to recognize and appreciate the types of consciousness that can emerge in the course of an analytic treatment
- 2) to understand the ways these developing consciousnesses are distributed and deployed in the developing ego and self of the person, including the unconscious
- 3) to identify patterns in the transference, countertransference, and the therapeutic interaction that reflect differences in type preferences between patient and analyst that can produce clashes and impasses in analytic treatment while consciousness is attempting to emerge

Methodology:

The course will include lecture presentation and discussion of both basic Jungian theoretical concepts regarding psychological type and recent developments In this theory; oral presentation by students of clinical vignettes of interactions between themselves and their patients that with the instructor's help the class will analyze from a typological perspective; clips from dramatic films that illustrate various types and archetypes and their dynamics; presentation by the instructor, from his own clinical experience, of dreams and dilemmas in analytic treatment; and charts and diagrams offered as visual aids to help participants identify the types of consciousness under discussion and their dynamic interactions.

Course Requirements:

The students will orient themselves in advance of the seminar to the approach and theoretical perspective of the instructor through assigned readings. At the time of the seminar, each student will receive a handout that will enable them to follow the model of types that the instructor is using to analyze various instances of type interaction. The student is expected to attend all twelve hours of the course and to use and apply the model of types being taught. The student is expected to participate in the class discussion and to raise questions when it becomes impossible to understand or agree with

what is being taught, so that the type model being taught can be applied to see if it can elucidate the impasse.

Time, Day, Date:

Sundays, September 5 , 19, 26, October 3, 10, 17, 24, 31 2021, 10:00 – 11:30 a.m. Taiwan time (GMT + 8).

Descriptions of each class with assigned readings.

1. September 5, 2021. Recognizing the Irrational Introverted Function-Attitudes. Silent film clips illustrating introverted sensation, and intuition will be shown.

Readings:

Jung, C. G. Foreword to Argentine Edition of *Psychological Types*. CW 6, pp. xiv-xv. 1936.

Jung, C. G. *Psychological Types, Chapter X*, para. 647-665, CW6.

Beebe, J. *Energies and Patterns in Psychological Type: The Reservoir of Consciousness*.

Routledge, 2017. Chapter 1.

Haas, L. & Hunziker, M. *Building Blocks of Personality Type*. Chapters 5 and 7.

2. September 19, 2021. Recognizing the Rational Introverted Function-Attitudes. Film clips illustrating introverted feeling and thinking will be shown.

Readings:

Haas, L. & Hunziker, M. *Building Blocks of Personality Type*. Chapters 9, and 11.

Jung, C. G. *Psychological Types, Chapter X*, para. 628-646, CW6.

3. September 26, 2021. Recognizing the Extraverted Function-Attitudes.

Extraverted sensation, intuition, feeling, and thinking will be discussed.

Readings:

Jung, C. G. *Psychological Types, Chapter X*, para. 577-619, CW6.

Beebe, J. *Energies and Patterns in Psychological Type*. Chapters 2 and 15.

Haas, L. & Hunziker, M. *Building Blocks of Personality Type*. Chapters 4, 6, 8, and 10.

4. October 3, 2021. Archetypal Part-Personalities: The Heroic Dominant and the Often Contrasexual Inferior.

Readings:

Beebe, J. *Energies and Patterns in Psychological Type*. Chapter 3.

von Franz, M.-L. *The Inferior Function*. In von Franz M.-L. & Hillman, J. *Lectures on Jung's Typology*. Spring Publications, 2015.

Jung, C. G. Definition of Inferior Function. CW6, para. 763-764.

5. October 10, 2021. The Archetypal Part-Personalities: The Auxiliary Parental and the Puerile Tertiary.

Readings:

Beebe, J. *Energies and Patterns in Psychological Type*, Chapter 4.

6. October 17, 2021. Types of the Shadow: The Opposing Personality and the Demonic/Daimonic.

Readings:

Jung, C. G. Definition of Unconscious. *CW6*, para. 837-843.

7. October 24, 2021. Types of the Shadow. The Trickster and the Senex/Witch.

Readings:

Beebe, J. *Energies and Patterns in Psychological Type*, Chapters 11 and 13.

8. October 31, 2021. Constructing Cultural Attitudes from Typological Exigencies.

Readings:

Beebe, J. *Energies and Patterns in Psychological Type*, Chapter 6.

Recommended Additional reading:

Beebe, J. *Energies and Patterns in Psychological Type*, Chapters 10, 12, and 14.

Jung, C. G. *CW* Vol. 6, Appendix 2: “Psychological Types” (1923 lecture), pp. 510-523.

About John Beebe, MD

John Beebe is a Jungian analyst in private practice in San Francisco. A former president of the C. G. Jung Institute of San Francisco, he is a prolific author and editor and has spoken on analytical psychology all over the world.

***Live class sessions will be held on Zoom. Lecture recordings could be available through on-line streaming in one month if you could not attend live classes.**

Registration Fees

USD 175 (applicable to non-Taiwan bank account)

If you Pay via PayPal, due to the extra service fee, the total charge is USD 180

2. Remittance Information:

E.SUN Commercial Bank, Ltd. (玉山銀行)

SWIFT CODE: ESUNTWTPXXX

ACCOUNT NUMBER: 0576-940-013253

NAME: Taiwan Society of Analytical Psychology (臺灣榮格心理學會)

Bank Address: No.115 and 117, Sec.3, Minsheng E.Rd., Taipei City 10546,Taiwan

Bank Tel : +886 2 27002405

Bank Fax : +886 2 27099230

PayPal account: analyticalpsy.tw@gmail.com

Registration

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