

The Society of
Analytical
Psychology

Saturday 25 March
2023 13:00-16:00

**The Final Moment:
Endings in Psychotherapy and Analysis:
Is there such a thing as a 'good enough' ending?**
an Online Workshop with
Jan Wiener & Henry Abramovitch

Following the success of workshops on 'beginnings', Henry Abramovitch and Jan Wiener are offering another workshop to explore the neglected topic of endings in psychotherapy and analysis. There is probably agreement that difficult endings occur when an analysis ends abruptly because the patient leaves prematurely, or the analyst becomes ill or at worst, dies during the analysis. However, it is more difficult to know the right time for an analysis to end, and to understand in depth how therapists and their patients collaborate in the process of ending.

Questions addressed during the workshop will include:

Who makes the decision for therapy to end – patient or therapist?

And how is the decision made?

What images, dreams, symbols appear during therapy that seem to indicate an ending is approaching?

How long an ending process do therapists consider is necessary?

Does this involve a gradual 'weaning' and/or a pre-planned date?

The workshop is open to psychotherapists and analysis in clinical practice. It will begin with a dialogue between Henry and Jan followed by general discussion. After a short break, participants will be encouraged to bring their experiences of both good and challenging endings in psychotherapy and analysis, and of the ending process in general.

Jan Wiener is a training and supervising analyst for the SAP and past Director of Training (twice!). She teaches widely both within the UK and abroad, and was involved for more than 25 years in a pioneering project teaching clinical skills to Russian therapists in the wake of perestroika. She has published chapters and papers on themes including the therapeutic relationship, supervision and ethics. She has written/edited 4 books. Of most relevance to today's talk is her book 'The Therapeutic Relationship: Transference, Countertransference and the Making of Meaning' published by Texas A and M University Press in 2009. Her most recent book edited together with Catherine Crowther has been re-published by Routledge in 2021 and is called 'Jungian Analysts working across Cultures: From Tradition to Innovation' jan@janwiener.co.uk

Professor Emeritus Henry Abramovitch is a Jungian analyst, clinical psychologist, anthropologist, and medical educator. He is the founding president of the Israel Institute of Jungian Psychology and a professor in the department of medical education at the Sackler School of Medicine in Tel Aviv University. He supervises Routers across Eastern Europe and Kazakhstan. He is author of Brothers and Sisters: Myth and Reality; Why Odysseus Came Home as a Stranger and Other Puzzling Moments in the Life...Great Individuals, and with Murray Stein, the play, The Analyst and the Rabbi, available on Youtube. henry.abramovitch@gmail.com

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