



BIONMEETSJUNG A Third Modality

Nine innovative experiential, clinical seminars will be considering how combining aspects of Jung's thinking with that of Bion enables communication of emotional depth, power and authority with an extended perception creating connections with early and traumatised, distressed states in all patients, including those who may have been considered unsuitable for analysis. The approach enables transformation of cycles of defensive structures into an approach of emotional integrity.

Exploring The Third Modality

The meeting point of Jung and Bion can create a new voice and vision. With an interaction of innovation and orthodoxy, it opens up an intensified perspective, both compassionate and ethical with an authority personal and linked to the infinite. One effective in seeing and connecting with essence or soul.

It includes:

- **Intuition** *'parallel to the physician's use of 'see', 'touch', 'smell' and 'hear', (Bion, 1970 p.226)*
- **The evocatory and the imaginary** ... *'not the ability to invent, but to disclose that which exists' (Avner Bergstein, 2022) (Berger, 1960).*
- **Evocation**, *'for Bion, the inspirational moment produced the data itself, not the theory' (R D Hinshelwood, 2023).*
- **Negative capability, 'sacrifice'**. *'Sacrifice is the foundation stone of what is to come.'* (CG Jung, The Red Book, p230, 2009). *'One eye turned inwards, opening to the empyreum, or the fire of the empyreum shining through' ... 'the creative eye' (CG Jung, Vision Seminars, 1931, p.308): 'To relate to what is unknown, both to him (the analyst) and the analysand' (Bion, 1962: 124).*

- **The 'image'** *'with nothing else can I express the words from the depths'* (Red Book, p.230).
- **Reverie** (Bion, 1962) *'To participate in the patient's undreamt dream'* (Ogden, 2004, c:1360).

What we will do.

- **We will be exploring from a mind/body perspective at the point of maximum creativity and where the see-ing eye exists and an unsaturated awareness and field of the Third Modality** *'The partnership between mind and body is where soul is the vinculum that holds them together. If no bond of love exists, they have no soul'*. (CG Jung, vol. 16, para 454, p.244).

What we will learn.

- **New perspectives of leading clinicians and scholars** on the areas we are focusing on and on Bion and Jung's thoughts.
- **A deeper understanding** of Bion and Jung and working at depth with their creative synergy.
- **Truth**, what is it, finding and communicating it.
- **Creativity, aesthetics**, *'In the consulting room, the analyst has to be a kind of poet, or artist, or scientist, or theologian'* (Bion, 1973).
- **'Mercy'** *'Gave to me belief, hope, sufficient daring not to resist further the spirit of the depths'*. (CG Jung, The Red Book, 2009, p.230) ...
- **The compassionate perspective** of the **wounded healer** that may ignite an approach to patients in which they can feel seen, with the power to move through rigid states and vitalising new growth.
- **Love: 'Such love does the sky now pour, that whenever I stand in a field-I have to ring out the light when I get home'** (St Francis of Assisi).

Who is it for?

- Jungian analysts, psychoanalysts, psychotherapists, psychiatrists, clinical practitioners, related professionals, artists, academics, philosophers anyone interested in exploring Jung and Bion and the Third Modality in relation to individual and collective clinical crises.

This project was conceived and prepared by Jay Barlow and Penny de Haas Curnow with members of the SAP Professional Development Group Ruth Orneschnick, Kate Palmer, Melanie Silove, Judith Willetts