

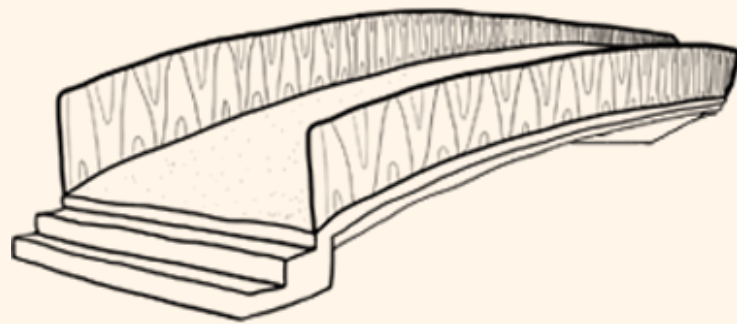
# Central European Conference on Child, Adolescent, and Young Adult

June 4-7, 2026 Bucharest (Romania), Hotel Marshal Garden

## INNER BRIDGES

### Analytical Work with Children, Adolescents, and Young Adults

#### WHY INNER BRIDGES?



The symbol that inspired us is "the bridge" and we have chosen "the solid container" as the central concept for the conference.

We live in times rich with theoretical and conceptual advancements, yet these have not shielded us from being emotionally disturbed and injured in our therapeutic encounters with the wounded psyches of ourselves and our patients.

In our therapeutic work, we must become a "solid container", managing to tolerate and contain the uncontainable, and helping our patients "build more bridges" in their inner worlds.

We come into contact with destructive mechanisms, shadow aspects, and the inevitability of trauma's return, but we must also recognize the resources and strength of the self-healing psyche.



#### OUR INVITATION

Dear colleagues,

We are pleased to announce the Central European Conference on Child, Adolescent, and Young Adult Analysis, which will be held in **Bucharest (Romania), June 4-7, 2026**.

Our goal for this event is to support and inspire each other in our work, to create bridges between our societies, and bring forth different perspectives and challenges, as well as more creative ways of thinking and working.

#### WHO SHOULD ATTEND

The aim of our conference is to bring together fellow analysts, routers, and therapists who work with children, adolescents, and young adults from Romania and nearby countries.

#### KEY NOTE SPEAKERS

We are honored to mention our keynote speakers:

- Caterina Vezzoli
- Francesco Bisagni
- Eva Pattis Zoja
- Batya Brosh Palmoni
- Emma Wong
- Oksana Zaleska
- Agata Giza-Zwierzchowska
- Manca Švara

#### REGISTRATION

General public - 100 Euro; IAAP routers - 80 Euro

Asociatia Societatea Romana de Analiza Jungiana RO35INGB0000999911451616

Registration link: <https://tinyurl.com/CEConference2026>

**Registration deadline: May 15 /** Given the limited number of places, early registration is strongly recommended.

#### ORGANIZING COMMITTEE

Ema Diaconu (SPJ), Ilinca Bălaș (SRAJ), Manca Švara (SZAP), Agata Giza-Zwierzchowska (PTPJ)

This event is organized with the encouragement and support of the **International Association of Analytical Psychology (IAAP)**. We look forward to your participation!



Central European Conference on Child, Adolescent  
and Young Adult

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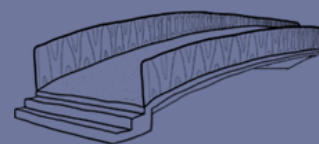
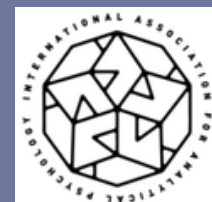
4-7 June 2026

BUCHAREST (ROMANIA)

Hotel Marshal Garden (Calea Dorobanti, nr 50B)

ORGANIZING TEAM:

Ema Diaconu (SPJ), Ilinca Bălaș (SRAJ), Agata Giza-Zwierzchowska  
(PTPJ), Manca Švara (SZAP)



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Thursday, June 4<sup>th</sup>

14:00 - 16:00 Registration

16:00 - 16:30 Conference opening

**PLENARY SESSION | Bridges and containers**

16:30 - Francesco Bisagni "The multi-axial containment: skin, holding, metabolic mind and *vas alchemicum*"

17:45 - Caterina Vezzoli "The myth of adolescence: Jung's adolescent dream (night from 11<sup>th</sup> to 12<sup>th</sup> September 1899)"

Reflections and discussions: 30 min

19:30 Artistic performance



Friday, June 5<sup>th</sup>

9:00 - 9:50 Dream Matrix

**PLENARY SESSION | Symptoms and Symbols**

10:00 - Batya Brosh Palmoni "I was stiff and cold, I was a bridge, I lay over the ravine"

11:00 - Jay Barlow "Maman"

Reflections and discussions: 30 min

13:00 - 15:00 Lunch break



**AFTERNOON SESSIONS 15:00 - 18:00**

**PANEL 1 | Wounds and containers**

15:00 - Rayna Denisova “Precocious development and fragile containment: an infant observation”

15:20 - Miruna Barbu Techera “To treat a child as a person”

15:40 - Ema Diaconu & Ilinca Balas “Bridges and containers for the greatest burden a child must bear: the un-lived life of its parents.” A dialogue.

*Reflections and discussions: 30 min*

Coffee break: 15 min

16:45 - Eduardo Arruda Sautchuk “My shelter: caregivers-children relationship in a residential care institution in Brazil”

17:05 - Moshe Alon “Safety nets” and “Bridges”

17:25 - Mihaela Dragan “Squiggle – the bridge that heals”

*Reflections and discussions: 30 min*



**PANEL 2 | Grief, abandonment and the numinous**

15:00 - Dr. Lidar Shany “Bridging back to life”

15:20 - Dana Anghel “The broken mandalic heart and the emergence of the mythopoetic bridge”

15:40 - Elena Maritescu “Numinous experience in children’s individuation process”

*Reflections and discussions: 30 min*

Coffee break: 15 min

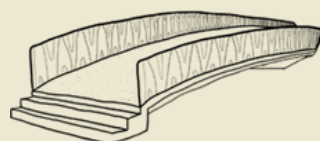
16:45 - Anca Ghearasamescu “A bridge across silence”

17:05 - Iuliana Ignat “A lion in a box: a child’s search for containment”

17:25 - Mateusz Kolaszkiewicz “Queen of Wolves”

*Reflections and discussions: 30 min*

**19:30 Romanian cultural evening**



*Adolescents, Young Adults and Developing Identities*

9:00 - 9:50 *Dream Matrix*

**PLENARY SESSION | Severe trauma, war contexts and the self-regulating psyche**

10:00 - Eva Pattis Zoja “Always just playing... Symbolic play and its self regulatory function in childhood”

11:00 - Oksana Zaleska “Where the wild things are. The journey into the world of the moon. The dynamic world of mytheadramatic children’s groups during war”

*Reflections and discussions: 30 min*

13:00 - 15:00 Lunch break

**AFTERNOON SESSIONS 15:00 - 18:00**

**PANEL 1 | Adolescents: broken and emerging identities**

15:00 - Radosveta Vardeva “Hope in the sight of despair”

15:20 - Aldona Zejmo-Kudelska “Bridges of hope”

15:40 - Hilla Gross “The death of the mother, the absence of the father and the abandoned child”

*Reflections and discussions: 30 min*

Coffee break: 15 min

16:45 - Teodora Taneva “Feel-in-the-Gap: masculinity, panic and the prohibition of vulnerability”

17:05 - Andreea Sandu “Carrying what does not belong to them: precocious girls and archetypal projection”

*Reflections and discussions: 30 min*



**PANEL 2 | Challenges & thresholds**

15:00 - Milos Rokic “The emperor’s daughter, the sheep”

15:20 - Nada Polajzer “Echo of the hungry heart”

*Reflections and discussions: 30 min*

Coffee break: 15 min

16:45 - Aaron Burke “Containing unprocessed rage”

17:05 - Dr. Laner Cassar “From Nike to Hephaestus: a jungian-based approach to sports psychology and sports coaching with athletic youths”

17:25 - Tina Turk “The shadow behind the couch: unsteady ground of learning analysis”

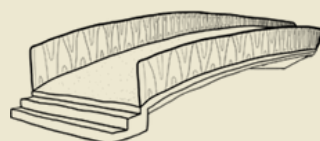
*Reflections and discussions: 30 min*

**WORKSHOP 15:00 - 18:00**

Eva Pattis Zoja and Mihaela Dragan - Expressive sandwork for psychotherapist: exploring the ritual space with silence and the effect of the “group psyche” which is tangible and visible in the sessions”

*\*1 group, maximum 24 participants, registration required*

**19:30 Farewell reception & party**



**Sunday, June 7<sup>th</sup>**

8:00 - 8:50 *Dream Matrix*

**PLENARY SESSION & CLOSING OF THE CONFERENCE**

**From psychic retreats to shadow and integration**

9:00- Agata Giza-Zwierzchowska “Bridge over death: linking symbols and linking phenomena in jungian analysis of children with autism spectrum disorder”

10:00 - Manca Švara “Building inner bridges: from the Alien archetype toward belonging”

*Reflections and discussions: 30 min*

Coffee Break: 15 min

**INTEGRATION WORKSHOP 12:00 - 14:00**

Emma Wong - “From a web to a nest: by building bridges and creating a solid container”

